

2016 – 17 Swimming Top Times (by event)

50 YARD FREESTYLE	TIME	DATE	MEET
Rachel Malampy	24.64	02/16/17	PSAC Champs
Rachel Malampy	24.72	02/16/17	PSAC Champs
Mallory Dyson	25.14	02/16/17	PSAC Champs
Lizzie Ebert	25.64	02/16/17	PSAC Champs
Lizzie Ebert	25.65	02/04/17	ESU Invite
100 YARD FREESTYLE	TIME	DATE	MEET
Rachel Malampy	53.73	02/19/17	PSAC Champs
Rachel Malampy	53.82	11/20/16	F&M Invitational
Rachel Malampy	54.24	02/19/17	PSAC Champs
Mallory Dyson	54.71	02/19/17	PSAC Champs
Rachel Malampy	55.09	01/21/17	Kutztown
200 YARD FREESTYLE	TIME	DATE	MEET
Rachel Malampy	1:57.70	02/17/17	PSAC Champs
Emily Fusco	1:58.04	02/17/17	PSAC Champs
Rachel Malampy	1:58.63	02/17/17	PSAC Champs
Emily Fusco	1:59.29	02/17/17	PSAC Champs
Emily Fusco	2:03.18	10/29/16	California (Pa)
500 YARD FREESTYLE	TIME	DATE	MEET
Jessica Berry	5:28.13	02/17/17	PSAC Champs
Jessica Berry	5:31.21	11/20/16	F&M Invitational
Jessica Berry	5:32.07	01/21/17	Kutztown
Jessica Berry	5:34.82	10/29/16	California (Pa)
Lizzie Ebert	5:39.48	10/29/16	California (Pa)

1000 YARD FREESTYLE	TIME	DATE	MEET
Jessica Berry	11:20.33	2/16/17	PSAC Champs
Jessica Berry	11:27.64	01/21/17	Kutztown
Jessica Berry	11:39.66	10/29/16	California (Pa)
Jessica Berry	11:40.49	01/14/17	East Stroudsburg
Jessica Berry	11:42.57	10/15/16	Juniata
1650 YARD FREESTYLE	TIME	DATE	MEET
Jessica Berry	18:54.38	02/18/17	PSAC Champs
50 YARD BACKSTROKE	TIME	DATE	MEET
Ariana Crossgrove	28.62	10/1/16	MU Black & Gold
Emily Fusco	28.73	10/1/16	MU Black & Gold
Meghan Hickey	32.59	10/1/16	MU Black & Gold
100 YARD BACKSTROKE	TIME	DATE	MEET
Emily Fusco	57.77	02/18/17	PSAC Champs
Emily Fusco	57.92	11/20/16	F&M Invitational
Emily Fusco	58.10	02/18/17	PSAC Champs
Madisson Cartmill	58.72	02/18/17	PSAC Champs
Madisson Cartmill	59.15	02/18/17	PSAC Champs
200 YARD BACKSTROKE	TIME	DATE	MEET
Emily Fusco	2:05.14	02/19/17	PSAC Champs
Emily Fusco	2:05.75	11/20/16	F&M Invitational
Madisson Cartmill	2:06.11	02/19/17	PSAC Champs
Emily Fusco	2:06.57	02/19/17	PSAC Champs
Madisson Cartmill	2:08.22	02/19/17	PSAC Champs

50 YARD BREASTSTROKE	TIME	DATE	MEET
Mallory Dyson	33.97	10/1/16	MU Black & Gold
Gabriella Licata	34.13	10/1/16	MU Black & Gold
Tiara White	36.07	10/1/16	Mu Black & Gold

100 YARD BREASTSTROKE	TIME	DATE	MEET
Emily Fusco	1:00.27	10/29/16	California (Pa)
Gabriella Licata	1:12.68	02/04/17	ESU Invite
Gabriella Licata	1:13.83	01/21/17	Kutztown
Gabriella Licata	1:14.78	10/1/16	MU Black & Gold
Gabriella Licata	1:14.19	02/17/17	PSAC Champs

200 YARD BREASTSTROKE	TIME	DATE	MEET
Gabriella Licata	2:36.28	02/04/17	ESU Invite
Gabriella Licata	2:38.86	11/20/16	F&M Invitational
Gabriella Licata	2:39.55	01/21/17	Kutztown
Gabriella Licata	2:43.65	02/19/17	PSAC Champs
Gabriella Licata	2:44.43	01/14/17	East Stroudsburg

50 YARD BUTTERFLY	TIME	DATE	MEET
Judith Miller	28.83	10/1/16	MU Black & Gold
Maddison Cartmill	29.41	10/1/16	MU Black & Gold
Jessica Nicolet	30.09	10/1/16	MU Black & Gold

100 YARD BUTTERFLY	TIME	DATE	MEET
Judith Miller	1:01.86	02/04/17	ESU Invite
Madisson Cartmill	1:01.96	02/17/17	PSAC Champ
Madisson Cartmill	1:02.07	10/1/16	MU Black & Gold ^
Madisson Cartmill	1:02.84	10/15/16	Juniata
Judith Miller	1:02.93	02/17/17	PSAC Champs

200 YARD BUTTERFLY	TIME	DATE	MEET
Judith Miller	2:27.07	02/18/17	PSAC Champs
Judith Miller	2:27.28	11/20/16	F&M Invitational
Judith Miller	2:29.75	01/21/17	Kutztown
Jessica Berry	2:29.81	11/5/16	Lock Haven
Jessica Nicolet	2:29.82	02/04/17	ESU Invite
200 YARD IM	TIME	DATE	MEET
Emily Fusco	2:11.58	02/16/17	PSAC Champs
Emily Fusco	2:14.57	02/16/17	PSAC Champs
Mallory Dyson	2:15.56	11/20/16	F&M Invitational
Mallory Dyson	2:16.24	02/16/17	PSAC Champs
Emily Fusco	2:18.98	01/21/17	Kutztown
400 YARD IM	TIME	DATE	MEET
Allison Fermani	5:38.20	02/04/17	ESU Invite
300 YARD BACK RELAY	TIME	DATE	MEET
Emily Fusco Madisson Cartmill Ariana Crossgrove	3:02.55	10/8/16	MU Relay Carnival
Meghan Hickey Bridget Dooling Amira Washington	3:25.74	10/8/16	MU Relay Carnival
300 YARD BREAST RELAY	TIME	DATE	MEET
Gabriella Licata Mackenzie McFadden Allison Fermani	3:58.65	10/8/16	MU Relay Carnival

300 YARD FLY RELAY	TIME	DATE	MEET
Judith Miller Jessica Nicolet Jessica Berry	3:17.50	10/8/16	MU Relay Carnival

200 YARD MEDLEY RELAY	TIME	DATE	MEET
Ariana Crossgrove Gabriella Licata Judith Miller Lizzie Ebert	1:52.55	02/16/17	PSAC Champs
Ariana Crossgrove Mallory Dyson Judith Miller Lizzie Ebert	1:54.84	10/1/16	MU Black & Gold
Ariana Crossgrove Mallory Dyson Judith Miller Lizzie Ebert	1:55.07	10/29/16	California (Pa)
Emily Fusco Mallory Dyson Judith Miller Rachel Malampy	1:56.36	01/14/17	East Stroudsburg
Emily Fusco Gabriella Licata Jessica Nicolet Rachel Malampy	1:57.05	10/1/16	MU Black & Gold

400 YARD MEDLEY RELAY	TIME	DATE	MEET
Emily Fusco Mallory Dyson Madisson Cartmill Rachel Malampy	4:01.88	02/17/17	PSAC Champs
Emily Fusco Gabriella Licata Madisson Cartmill Rachel Malampy	4:11.87	01/17/17	Kutztown

Amira Washington Mackenzie McFadden Judith Miller Lizzie Ebert	4:30.55	01/21/17	Kutztown
Meghan Hickey Allison Fermani Jessica Nicolet Tiara White	4:43.02	01/21/17	Kutztown
Bridget Dooling Mackenzie McFadden Tiara White Teagan Hanlon	4:54.13	10/8/16	MU Relay Carnival
400 YARD MEDLEY IM RELAY	TIME	DATE	MEET
Emily Fusco Mallory Dyson Madisson Cartmill Rachel Malampy	4:14.58	11/5/16	Lock Haven
Ariana Crossgrove Gabriella Licata Judith Miller Amira Washington	4:22.50	11/5/16	Lock Haven
Emily Fusco Gabriella Licata Jessica Berry Mallory Dyson	4:24.42	10/8/16	MU Relay Carnival
Meghan Hickey Mackenzie McFadden Tiara White Jessica Nicolet	4:46.05	11/5/16	Lock Haven
Allison Fermani Mackenzie McFadden Bridget Dooling Meghan Hickey	5:05.94	10/8/16	MU Relay Carnival

200 YARD FREESTYLE RELAY	TIME	DATE	MEET
Mallory Dyson Ariana Crossgrove Lizzie Ebert Rachel Malampy	1:39.67	02/16/17	PSAC Champs
Mallory Dyson Ariana Crossgrove Lizzie Ebert Rachel Malampy	1:44.36	10/8/16	MU Relay Carnival
Mallory Dyson Lizzie Ebert Judith Miller Rachel Malampy	1:45.15	10/15/16	Juniata
Mallory Dyson Ariana Crossgrove Lizzie Ebert Rachel Malampy	1:45.41	11/5/16	Lock Haven
Mallory Dyson Ariana Crossgrove Lizzie Ebert Rachel Malampy	1:47.10	01/14/17	East Stroudsburg
Judith Miller Jessica Berry Amira Washington Madisson Cartmill	1:47.90	01/14/17	East Stroudsburg

400 YARD FREESTYLE RELAY	TIME	DATE	MEET
Mallory Dyson Emily Fusco Lizzie Ebert Rachel Malampy	3:40.06	02/19/17	PSAC Champs
Mallory Dyson Ariana Crossgrove Madisson Cartmill Rachel Malampy	3:42.16	11/20/16	F&M Invitational

Rachel Malampy Amira Washington Madisson Cartmill Ariana Crossgrove	3:43.03	10/29/16	California (Pa)
Amira Washington Emily Fusco Judith Miller Tiara White	3:46.89	11/20/16	F&M Invitational
Rachel Malampy Ariana Crossgrove Lizzie Ebert Mallory Dyson	3:47.12	01/21/16	Kutztown

500 YARD FREESTYLE RELAY	TIME	DATE	MEET
Judith Miller Ariana Crossgrove Mallory Dyson Lizzie Ebert	5:05.21	10/8/16	MU Relay Carnival
Amira Washington Meghan Hickey Gabriella Licata Teagan Hanlon	5:41.50	10/8/16	MU Relay Carnival

800 YARD FREESTYLE RELAY	TIME	DATE	MEET
Emily Fusco Jessica Berry Madisson Cartmill Rachel Malampy	7:59.63	02/18/17	PSAC Champs
Rachel Malampy Jessica Berry Emily Fusco Madisson Cartmill	8:24.61	10/8/16	MU Relay Carnival
Jessica Nicolet Allison Fermani Meghan Hickey Tiara White	9:24.20	10/8/16	MU Relay Carnival

1500 YARD FREE RELAY	TIME	DATE	MEET
Madisson Cartmill Lizzie Ebert Jessica Berry	17:11.19	10/8/16	MU Relay Carnival
Jessica Nicolet Allison Fermani Teagan Hanlon	19:06.65	10/8/16	MU Relay Carnival

*** Indicates Millersville School Record**

^ Indicates PSAC Qualifier

& Indicates NCAA "B" Standard

Indicates NCAA "A" Standard

(P) Preliminaries

(F) Finals

(TT) Time Trial

2016 – 17 Swimming Results/Top Times (by individual)

JESSICA BERRY

EVENT	TIME/PLACE	DATE	MEET
200 YARD BUTTERLY	2:29.81/2nd	11/5/16	Lock Haven
200 YARD FREESTYLE	2:03.37/43rd	02/17/17	PSAC Champs
500 YARD FREESTYLE	5:28.13/32nd	02/18/17	PSAC Champs
1000 YARD FREESTYLE	11:20.63/28th	02/16/17	PSAC Champs
1650 YARD FREESTYLE	18:54.38/24th	02/19/17	PSAC Champs
100 YARD BREASTSTROKE	1:18.60/3rd	10/15/16	Juniata

MADISSON CARTMILL

EVENT	TIME/PLACE	DATE	MEET
50 YARD BUTTERFLY	29.41/2nd	10/1/16	MU Black & Gold
100 YARD BUTTERFLY	1:01.96/34th	02/17/17	PSAC Champs
200 YARD FREESTYLE	2:10.13/2nd	10/15/16	Juniata
1000 YARD FREESTYLE	12:01.00/3rd	01/14/17	East Stroudsburg
100 YARD BACKSTROKE	58.72/11th	02/18/17	PSAC Champs
200 YARD BACKSTROKE	2:06.11/9th	02/19/17	PSAC Champs

ARIANA CROSSGROVE

EVENT	TIME/PLACE	DATE	MEET
50 YARD FREESTYLE	25.81/41st	02/16/17	PSAC Champs
100 YARD FREESTYLE	56.87/1st	11/5/16	Lock Haven
50 YARD BACKSTROKE	28.62/1st	10/1/16	MU Black & Gold
100 YARD BACKSTROKE	1:00.89/26th	02/18/17	PSAC Champs

BRIDGET DOOLING

EVENT	TIME/PLACE	DATE	MEET
200 YARD FREESTYLE	2:24.37/6th	10/29/16	California (Pa)
100 YARD BACKSTROKE	1:12.97/4th	10/15/16	Juniata
200 YARD BACKSTROKE	2:35.87/6th	11/5/16	Lock Haven

MALLORY DYSON

EVENT	TIME/PLACE	DATE	MEET
50 YARD FREESTYLE	25.14/30th	02/16/17	PSAC Champs
100 YARD FREESTYLE	54.71/30th	02/19/17	PSAC Champs
200 YARD FREESTYLE	2:05.01/1st	10/15/16	Juniata
100 YARD BACKSTROKE	1:00.81/24th	02/18/17	PSAC Champs
50 YARD BREASTSTROKE	33.97/1st	10/1/16	MU Black & Gold
100 YARD BREASTSTROKE	1:15.71/2nd	10/1/16	MU Black & Gold
200 YARD IM	2:15.56/19th	11/20/16	F&M Invitational

LIZZIE EBERT

EVENT	TIME/PLACE	DATE	MEET
50 YARD FREESTYLE	25.64/39th	02/16/17	PSAC Champs
100 YARD FREESTYLE	55.65/39th	02/19/17	PSAC Champs
200 YARD FREESTYLE	2:05.55/49th	02/17/17	PSAC Champs
500 YARD FREESTYLE	5:39.48/3rd	10/29/16	California (Pa)
200 YARD IM	2:25.41/1st	10/1/16	MU Black & Gold

ALLISON FERMANI

EVENT	TIME/PLACE	DATE	MEET
200 YARD BREASTSTROKE	2:56.93/6th	01/21/17	Kutztown
100 YARD BUTTERFLY	1:15.12/11th	02/04/17	ESU Invite
200 YARD BUTTERFLY	2:55.00/6th	01/14/17	East Stroudsburg
50 YARD FREESTYLE	29.24/20th	02/04/17	ESU Invite
500 YARD FREESTYLE	6:30.88/3rd	10/15/16	Juniata
1000 YARD FREESTYLE	13:00.66/6th	01/21/17	Kutztown
400 YARD IM	5:38.20/4th	02/04/17	ESU Invite

EMILY FUSCO

EVENT	TIME/PLACE	DATE	MEET
100 YARD FREESTYLE	1:00.44/3rd	10/15/16	Juniata
200 YARD FREESTYLE	1:58.04/21st	02/17/17	PSAC Champs
50 YARD BACKSTROKE	28.73/2nd	10/1/16	MU Black & Gold
100 YARD BACKSTROKE	57.77/6th	02/18/17	PSAC Champs
200 YARD BACKSTROKE	2:05.14/5th	02/19/17	PSAC Champs
200 YARD IM	2:11.58/18th	02/16/17	PSAC Champs

TEAGAN HANLON

EVENT	TIME/PLACE	DATE	MEET
50 YARD FREESTYLE	27.30/13 th	02/04/17	ESU Invite
200 YARD FREESTYLE	2:19.49/3rd	10/15/16	Juniata
500 YARD FREESTYLE	6:08.77/6th	01/21/17	Kutztown
1000 YARD FREESTYLE	12:49.65/5th	01/21/17	Kutztown

MEGHAN HICKEY

EVENT	TIME/PLACE	DATE	MEET
50 YARD BACKSTROKE	32.59/3rd	10/1/16	MU Black & Gold
200 YARD BACKSTROKE	2:38.45/6th	01/14/17	East Stroudsburg
100 YARD BACKSTROKE	1:08.81/2nd	10/15/16	Juniata
200 YARD IM	2:34.99/5th	10/29/16	California (Pa)

GABRIELLA LICATA

EVENT	TIME/PLACE	DATE	MEET
50 YARD BREASTSTROKE	34.13/2nd	10/1/16	MU Black & Gold
100 YARD BREASTSTROKE	1:12.68/2nd	02/04/17	ESU Invite
200 YARD BREASTSTROKE	2:36.28/1st	02/04/17	ESU Invite
200 YARD IM	2:23.77/49th	02/16/17	PSAC Champs

RACHEL MALAMPY

EVENT	TIME/PLACE	DATE	MEET
50 YARD FREESTYLE	24.64/11th	02/16/17	PSAC Champs
100 YARD FREESTYLE	53.73/18th	02/19/17	PSAC Champs
200 YARD FREESTYLE	1:57.70/19th	02/17/17	PSAC Champs

MACKENZIE MCFADDEN

EVENT	TIME/PLACE	DATE	MEET
100 YARD BREASTSTROKE	1:21.57/5th	10/29/16	California (Pa)
200 YARD BREASTSTROKE	2:51.72/2nd	02/04/17	ESU Invite
200 YARD IM	2:44.90/5th	10/15/16	Juniata

JUDITH MILLER

EVENT	TIME/PLACE	DATE	MEET
50 YARD BUTTERFLY	28.83/1st	10/1/16	MU Black & Gold
100 YARD BUTTERFLY	1:01.86/1st	02/04/17	ESU Invite
200 YARD BUTTERFLY	2:27.07/30th	02/18/17	PSAC Champs
50 YARD FREESTYLE	26.03/45th	02/16/17	PSAC Champs
100 YARD FREESTYLE	57.60/50th	02/19/17	PSAC Champs

JESSICA NICOLET

EVENT	TIME/PLACE	DATE	MEET
50 YARD BUTTERFLY	30.09/3rd	10/1/16	MU Black & Gold
100 YARD BUTTERFLY	1:06.12/3rd	10/1/16	MU Black & Gold
200 YARD BUTTERFLY	2:30.17/24th	11/20/16	F&M Invitational
200 YARD FREESTYLE	2:11.57/5th	11/5/16	Lock Haven
500 YARD FREESTYLE	5:56.99/3rd	01/21/17	Kutztown

AMIRA WASHINGTON

EVENT	TIME/PLACE	DATE	MEET
50 YARD FREESTYLE	25.82/4th	02/04/16	ESU Invite
100 YARD FREESTYLE	58.33/52nd	02/18/17	PSAC Champs
200 YARD FREESTYLE	2:18.39/5th	01/21/17	Kutztown
100 YARD BACKSTROKE	1:04.01/39th	02/18/17	PSAC Champs

TIARA WHITE

EVENT	TIME/PLACE	DATE	MEET
100 YARD BUTTERFLY	1:09.56/3rd	10/15/16	Juniata
50 YARD FREESTYLE	27.00/2nd	02/04/17	ESU Invite
100 YARD FREESTYLE	1:00.04/4th	10/29/16	California (Pa)
50 YARD BREASTSTROKE	36.07/3rd	10/1/16	MU Black & Gold
100 YARD BREASTSTROKE	1:19.61/5th	01/21/17	Kutztown
200 YARD BREASTSTROKE	3:01.26/6th	01/14/17	East Stroudsburg